

VAPES

SNAPSHOT OF WHAT YOU SHOULD KNOW

4 Facts about Vapes



- Many vapes contain nicotine making them addictive.
- Vapes can contain the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray.
- Vapes can leave young people at increased risk of depression and anxiety.
- The nicotine in 1 vape can = 50 cigarettes.

Different Types of Vapes

There are four main types of Vapes: Vape Pens, Disposable Vapes, Box Mods and Refillable vapes.



Vape Pens

A vape pen is normally made up of a battery, tank, coil, mouthpiece, and a USB port for charging. Some devices also have a battery indicator and airflow controller.

Disposable Vapes

Disposable vape devices have been created for ease of use and require no initial setup. Disposable devices are available over the counter and ready to use. They are pre-charged and come with the e Liquid already within the device.



Box Mod Vapes

A vape mod generally consists of a mouthpiece, sub-ohm coil, tank, fire button, and a large battery. They will have adjustable features such as; airflow control, temperature control, and variable voltage/wattage, allowing the user more control over their vaping experience.



Open Refillable Vapes

An open pod system allows you to refill the device with e Liquid yourself. These are also referred to as refillable pod devices.



VAPE PENS

EPUFFER TITAN X



EVO D VAPE PEN E CIG EVOD VAPORIZER PENS BATTERY 11 COLORS 900MAH



THE KIND PEN VAPE



SMOK VAPE PEN



THE WAND ADJUSTABLE VOLTAGE VAPE PEN & STORAGE BOX



LOGIC PRO VAPE PEN



GOLD LUXURY VAPE PEN



COOL GRAY LUXURY VAPE PEN

Disposable Vapes



ELF BARS



PUFF BAR



ESCO BARS



FLUM & FLOAT DISPOABLE VAPE- SOLD BY HUFF AND PUFFERS



AIR MESH DISPOSABLE VAPE- 3000 PUFFS



LOST VAPE ORION BAR 10000 DISPOSABLE VAPE 10K PUFFS



WELL VERSED DISPOSABLE VAPE 30000 PUFFS

Box Mod Vapes



GEEKVAPE T200
(AEGIS TOUCH)
BOX MOD



YOCAN UNI PRO BOX
MOD



WIZVAPOR BEEPER AIO BOX
MOD



IJOY SHOGUN UNIV
180W BOX MOD



VOOPOO DRAG 4 BOX MOD



SMOK MAG
SOLO BOX MOD
VAPE



380 MAH BOX MOD



YOCAN KODO BOX
MOD



VAPRESSO GEN X
220W TC VW BOX
MOD



LOST VAPE
CENTAURUS M200
200W BOX MOD

Open Refillable Vapes



SMOK NOVA 4



ALD 2 IN 1 REFILLABLE
OPEN AND CLOSED
VAPE



GEEKVAPE WENAX Q
MINI



ENEMK FR15000

FIBIE OS OPEN REFILLABLE
VAPE



OKKA 2.0



A07



OXVA XLIM PRO

FACTS, TIPS & WEBSITES ABOUT VAPES

THINGS YOU SHOULD KNOW

Truth Initiative is America's largest nonprofit public health organization committed to making tobacco use and nicotine addiction a thing of the past. We give young people the facts about smoking, vaping, nicotine and the tobacco industry, engage individuals and groups to make change in their communities, innovate ways to end nicotine addiction.

1) Ease and Accessibility

Vapes are easily accessible over the counter and online. 1 in 3 (33.8%) eighth graders and 47.5% of tenth graders report that tobacco products are easy to obtain (National Institute of Drug Abuse, 2022). 8.8% of high school students bought their own electronic vaping products at brick and mortar stores (PA Youth Risk Behavior Survey, 2019).

EMPOWER
Vape-Free
YOUTH

2) Vapes come in all flavors



Flavors seem to appeal to young people. There is evidence that kids like the flavors like bubble gum, fruit and candy, and like trying new ones. For a lot of young people, it might be that the only reason they vape or use e-cigarettes is because they like the flavors.

3) What are the health risks of vaping ?

Among youth, e-cigarettes, especially the disposable kind, are more popular than any traditional tobacco product. According to the 2021 National Youth Tobacco Survey, more than 2 million U.S. middle and high school students reported using e-cigarettes in 2021, with more than 8 in 10 of those youth using flavored e-cigarettes.

4) It's addictive

- Addiction: E-cigarettes contain nicotine, a drug that's highly addictive.
- Anxiety and depression: Nicotine makes anxiety and depression worse. It also affects memory, concentration, self-control, and attention, especially in developing brains.
- Sleep problems
- Lung Damage

6) E- cigarettes can be hidden well

- Youth may be using e-cigarette products disguised as backpacks, smartwatches, sweatshirts, fidget spinners, or gaming devices.
- Be on the lookout for disposable e-cigarettes, which have become more popular among youth



7) How to help your teen

- Text QUIT to 47848 or visit smokefree.gov
- Visit pa.mylifemyquit.org- or Youth can text "Start My Quit" to 36072
- Teens and young adults can join "This is Quitting " which is a free and anonymous text messaging program from Truth Initiative designed to help young people quit vaping for free by texting DITCHVAPE to 88709

8) Share your knowledge

There are many resources and programs geared towards youth to educate them about vaping. Please remember to share your knowledge and resources. It takes a village to raise children.



VAPES

WEBSITES TO HELP TEENS AND FAMILIES



Through the PA Quitline .My Life, My Quit™ is the free and confidential way to quit smoking or vaping. Text "Start My Quit" to 36072 to chat with a Coach.

Truth Initiative is America's largest nonprofit public health organization dedicated to a future where commercial tobacco and nicotine addiction are a thing of the past. Our mission is clear: achieve a culture where young people reject smoking, vaping, and nicotine.



<https://www.parentsagainstvaping.org/>

Parents Against Vaping e-cigarettes (PAVe) is a national advocacy and education organization powered by volunteers.

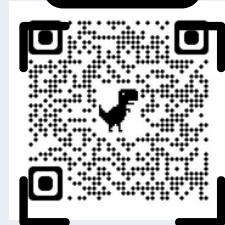
The Campaign for Tobacco-Free Kids continues to protect children and save lives from the #1 cause of preventable death: tobacco use. Their vision is a future free of the death and disease caused by tobacco.



WWW.TOBACCOFREEKIDS.ORG



SCAN ME



The Tobacco Resistance Unit is a movement throughout all of Pennsylvania to help youth, ages 12 to 18, stay tobacco-free. | TRU aims to prevent and stop youth tobacco use through education.



BECOME SMOKEFREE!

SMOKEFREEXT FOR TEENS

WHO IS THIS PROGRAM FOR?
TEENS AGED 13-17 IN THE UNITED STATES WHO ARE READY TO QUIT SMOKING. THIS PROGRAM IS OFFERED BY THE NATIONAL CANCER INSTITUTE'S SMOKEFREE.GOV.

SCAN HERE

POPULAR VAPE BRANDS YOU SHOULD BE AWARE OF :

SMOK
SMOORE
PUFF BAR
FUME
INNOKIN
VAPORESSO
LOST VAPE
OXVA
VOOPOO
ASPIRE
GEEKVAPE
UWELL

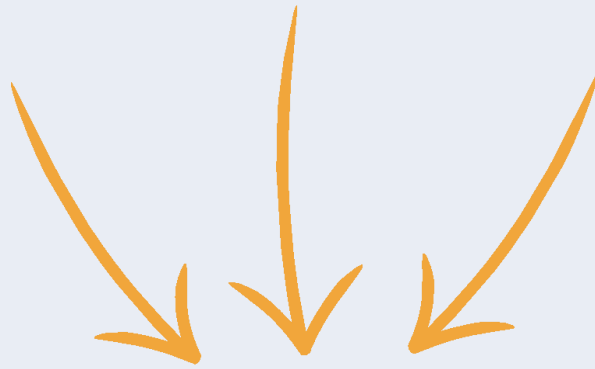
BE AWARE OF THESE POPULAR WEBSITES TO PURCHASE VAPES:

[HTTPS://VAPEAZE.EN.MADE-IN-CHINA.COM/](https://VAPEAZE.EN.MADE-IN-CHINA.COM/) - THIS IS A WHOLESALE SITE FOR VAPES OF ALL KIND

[HTTPS://VAPEJUICEDEPOT.COM/](https://VAPEJUICEDEPOT.COM/)

[HTTPS://VAPE-STREET.COM/](https://VAPE-STREET.COM/) - ONE STOP SHOP FOR VAPES AND IS SPECIFICALLY GEARED TOWARDS PA RESIDENTS

These websites are easily accessible to youth with their lax age verification and provide concealed delivery options. Please see example below:



This resource was created by the Southeastern Pennsylvania Tobacco Control Project (SEPA) at Health Promotion Council. Visit sepatobaccofree.org to find out more about tobacco dependence treatment programs available throughout the SEPA region or join the SEPA Tobacco-Free Coalition.

WWW.SEPATOBACCOFREE.ORG/